



The SE&X Course: youth worker education

Improving the sexual health of young people who are 'at risk'

Australia has the poorest youth sexual health outcome for developed countries, second only to the United States of America. This means South Australia's young people are experiencing more unwanted/unplanned pregnancies, more STIs, more abortions, suffering more coercion and violence in relationships, and less able to make healthy decisions or follow them through.

The **SE&X course** will improve the capacity and confidence of workers to engage with young people about relationships, sexual health, sexuality and wellbeing.

Participants who successfully complete the assessment component of the course will receive a *Statement of attainment*.

What do past participants say?

"One of the most enjoyable and steep learning curve experiences I have participated in, and the learning is fun..."

"Increased my confidence and developed my thinking around running programs."

"The exercises were different, confronting and relevant to youth work."

"Topic selection was really good – very broad and useful."

Assessment information

The course is accredited through the Australian National Training Authority and is designed around two units of competencies from the Community Services Training Package. These competencies are:

- **CHCCED301A** - Facilitate provision of information to clients in the area of sexual and reproductive health in South Australia

- **CHCCED501A** - Develop and implement education programs in the area of sexual and reproductive health in South Australia.

Competence in the above areas will be assessed, in negotiation with you to ensure that it fits within your job and person specification, and enhances your existing work.

Participants will be sent further information about assessment tasks upon enrolment. Enquiries can be directed to the Course Coordinator prior to registration.

Should you wish to gain recognition of current competency (similar to recognition of prior learning) you will need to negotiate with the Course Coordinator to present evidence of your competence.

Course content overview

Topics covered include:

- what is sexual health work with young people and how does it fit with youth work?
- supporting diversity, including CALD, disability and Indigenous young people
- identity, homophobia and same-sex attraction
- explicitness in sexual health training
- working with young men
- working with young women
- communication, negotiation and decision-making skills
- risk and safety
- legal issues
- contraception
- pregnancy
- sexually transmitted infections
- relationship violence and sexual assault
- domestic violence
- sexual health counselling
- designing a sexual health program.

Methodology

The course sessions will involve small and large group discussions, interactive group work, guest presenters, field trips, videos and panel presentation.

Reading lists as well as activities ideas for working with groups will be provided.

The course may be co-presented by the Course Coordinator, SHine SA community health workers and members of SHine SA's Youth Advisory Teams.

Courses in 2007

Course 1: 7 – 8 March, 28 – 29 March & 18 – 19 April

Venue: SHine SA
17 Phillips Street
Kensington SA 5068

Course 2: 16 – 17 August, 5 – 6 September & 26 – 27 September

Venue: SHine SA
64c Woodville Rd
Woodville SA 5011

Cost: \$350.00 (GST free)
This fee is negotiable.

Places limited ensure you enrol early.

Customised training

You may wish to attend the **SE&X course** on dates other than those listed above.

If you have a minimum of ten participants we can bring the course to your workplace in regional South Australia or set up additional dates to run the course at SHine SA's training rooms at Kensington.

To organise a course more suited to your requirements please contact the Course Coordinator, Lud Allen.

Flexible learning

Some flexible learning delivery may also be introduced according to participant needs. Please discuss with the Course Coordinator, Lud Allen.

Contact details

For course or assessment information please contact the Course Coordinator, Lud Allen, on:

Telephone: (08) 8431 5177

Facsimile: (08) 8364 2389

E-mail: SHineSACourses@health.sa.gov.au

To enrol contact the Course Administrator on:

Telephone: (08) 8431 5177

Facsimile: (08) 8364 2389

Email: SHineSACourses@health.sa.gov.au

Please note all enrolments need to be in three weeks prior to course commencement.

SHine SA contact details

Southern Primary Health Care Team

Woodcroft Community Centre
175 Bains Road, Morphett Vale SA 5162
Telephone: (08) 8325 8164
Facsimile: (08) 8325 8173

Northern Primary Health Care Team

43 Peachey Road, Davoren Park SA 5113
Telephone: (08) 8252 7955
Facsimile: (08) 8252 7966

East/West Primary Health Care Team

51 Bower Street, Woodville SA 5011
Telephone: (08) 8300 5300
Facsimile: (08) 8300 5399
Clinic appointments: (08) 8364 5033

Professional Education

17 Phillips Street, Kensington SA 5068
Telephone: (08) 8431 5177
Facsimile: (08) 8364 2389
Email: SHineSACourses@health.sa.gov.au

Library & Resource Centre

Telephone: (08) 8364 5537
Facsimile: (08) 8364 2389
Email (Library): SHineSALibrary@health.sa.gov.au
Email (Resource): SHineSAResources@health.sa.gov.au

Sexual Healthline

Available 9 am - 1 pm, Monday to Friday
Telephone: (08) 8364 0444
Facsimile: (08) 8364 2389
Country callers (toll free): 1800 188 171
TTY: (08) 8431 5177
Email: sexualhealthhotline@health.sa.gov.au
Website: www.shinesa.org.au

SHine SA © Last updated 31 January 2007