

Presentation by Royal Adelaide Hospital 2007 Nimmo Visiting Professor

# Professor George E Vaillant

2:30-3:30 pm

Monday 19 March 2007

Robson Lecture Theatre  
Level 1, Eleanor Harrald Building  
Royal Adelaide Hospital

Further information:

Jill Grove

Drug & Alcohol Services SA

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## Alcoholics healing each other

Dr Vaillant is a Professor of Psychiatry at Harvard Medical School and the Department of Psychiatry, Brigham and Women's Hospital. He is also a Visiting Professor at the University of Melbourne. He is Director of the Study of Adult Development at the Harvard University Health Service, one of the longer longitudinal studies of human development ever undertaken.

Dr Vaillant has spent his research career charting adult development and the recovery process of schizophrenia, heroin addiction, alcoholism, and personality disorder. His published works include *Adaptation to Life*, 1977, *The Wisdom of The Ego*, 1993, and *The Natural History of Alcoholism-Revisited*, 1995. His summary of the lives of men and women from adolescence to age 80, *Aging Well*, was published by Little, Brown in 2002. His current book, *Faith, Hope and Joy, the Neurobiology of the positive emotions* is in press. He has been a Fellow at the Center for the Advanced Study in the Behavioral Sciences, is a Fellow of the American College of Psychiatrists and has been an invited speaker and consultant for seminars and workshops throughout the world. Dr Vaillant has been the recipient of numerous awards including the Jellinek Award for research in alcoholism.

FREE

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<http://www.rah.sa.gov.au/aboutrah/rahmap.php>



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DASSA wishes to acknowledge the Royal Adelaide Hospital and Professor Vaillant for making time available for this presentation