



Centacare presents:

CHILDREN INCLUDED



Supporting Children whose Families have experienced Parental Separation or Divorce.

Parents are expected to attend 3 sessions over a 6 week period.
Children can attend one of the following for 6 weeks

- a group for children between the ages of **5 and 8 years**
- a group for children between the ages of **9 and 12 years**

In **6 sessions over 6 weeks**, children will learn about:

- the myths and truths about separation and divorce
- how to let their parents know what they want
- changing thoughts and feelings
- getting on with their own life

In **3 sessions over 6 weeks**, parents will learn about:

- what their children are learning and how to support them
- how divorce or separation has impacted on their family
- building confidence in their new family type
- developing a family vision for their new family type
- managing the change
- community supports



Venues

Term 1

Junction Community Centre
1 May Terrace, Ottoway

Term 2

Christie Downs Community Centre
Morton Road, Christie Downs

Term 3

Centacare
45 Wakefield Street, Adelaide

Term 4

Wandana Community Centre
14 Blacks Road, Gilles Plains

Starting Dates

Tuesday 20th February 2007

Monday 14th May 2007

Tuesday 7th August 2007

Tuesday 23rd October 2007

Times for all Terms:

4:00pm – 6.30pm: parents in week 1, week 4 and week 6
4:00pm – 5:00pm: 5-8 year olds every week for 6 weeks
5:30pm – 6:30pm: 9-12 year olds every week for 6 weeks

A light meal will be shared between 5:00pm and 5.30pm. Activities will be provided for children not participating in a group while their parent is in the parent group.

For bookings please contact Centacare Reception on 8210 8200

