

Emergency Food Assistance in the City of Onkaparinga can be available through the following services

Please note:

- Appointments and current ID are *essential*
- Only 3 food vouchers per year are available
- Usually a Health Care Card or Centrelink referral will be required
- May have geographical limitations

Services covering all suburbs:

- **Crisis Care** (after hours) **13 1611**
- **St Vincent de Paul** **8212 6311**
Food assistance, clothing & furniture
All suburbs – appointment necessary

Keep in mind that most agencies are *closed in mid-December to January*

ABERFOYLE PARK

Aberfoyle Park Baptist Church

Cnr Manning Rd and Lyn St **8270 4316**
Food assistance

The Salvation Army Aberfoyle Park

The Hub Worship & Community Complex
Tues and Fri 9am – 12.30pm **8370 5003**
Food, clothing & furniture assistance,

U Count Support Services Inc.

(Uniting Church - Aberfoyle Park)
42 Sunnymeade Dr **8358 6960**
Food & clothing assistance
Mon - Thurs 9am-4pm

ALDINGA

Aldinga Community Centre

Stewart Ave **8556 5940**

Community Café

meal Mon 11am \$2.50 donation

Christian Care & Support Centre **8557 7707**

Food assistance Mon & Wed 9.40am-12noon
(ring after 9am for appt.)
Bread available Thurs 9am

CHRISTIE DOWNS

Christie Downs Community House

Cnr Morton and Flaxmill Rds **8384 6894**
\$3 meal Wed 5-6pm – must book

Edge Assist Mobile Feeding Trailer **8329 2244**

Anne Close, Christie Downs
Tues 5-6pm

Fred's Van 2

Noarlunga Centre Church of Christ,
165 Beach Rd, Christie Downs
Wed and Sun 7-8pm

Noarlunga Centre Church of Christ

165 Beach Rd (Near Dyson Rd) **8326 1153**
Will see people from Postcodes 5158-5174
Mon, Wed, Fri 10am-noon (Ring to book 9am)
Food assistance (parcels), school shoe program,
some toiletries & bus tickets
Tuesday evening soup kitchen, 5-6pm
Gold coin donation

River of Life Ministries **8326 2244**

9 McKinna Rd
Food parcels Mon, Wed and Thurs 10am – 12.30. Ring for appt. between 9.30am – 10am

Southern Youth Exchange

13 McKinna Rd **8326 1114**
Feeding Frenzy Tues 4-6pm during school term
for 12-20 yr olds in need

CHRISTIES BEACH

Christies Beach Baptist Church

Family Enrichment Centre
Fowey St **8382 6832**

Tues, 10am-noon

Food parcels by appt. for postcodes 5165-5167

OARS - Offenders Aid

87 Dyson Rd, **8384 4193**
For ex offenders and their families

Food assistance

Financial & budget counselling Mon-Fri 9am-5pm

St Vincent de Paul, Beach Rd **8212 6311**

Tues & Thurs

Food assistance

HACKHAM WEST

Hackham West Community Centre

Cnr Warsaw and Majorca Rd **8384 1065**

Everday Café Mon-Fri 12noon – 1pm

Childrens Breakfast Club, Mon-Fri 7.30am

Monthly breakfasts for men Fri 9am

Seniors lunch on pension-Thurs 11.30am \$6

Food Co-op, Mon - Fri 10am-2pm for low income earners who live in the area

HUNTFIELD HEIGHTS

Edge Assist Mobile Feeding Trailer **8329 2244**

Car park cnr Melsetter Rd & Lorne Cres

Free meal, Wed 5-6pm

Stable Help

The Stables Christian Centre

Piece 12 Brodie Rd **8326 4455**

Food parcels Mon, Tues 9.30-11 & Thur 10-1pm

Ring for appt 9am on the day

Bread distribution Fri 9am onwards

Distribution of donated food Sat 3-3.30pm

MCLAREN VALE

Care & Clothes Centre

8 Aldersey St **8323 8779**

Wed, Thur, Fri 10am-3pm

Food assistance and clothing by appt.

MORPHETT VALE

Anglicare Family Centre South

1 William St **8392 3190**

Mon-Fri 9am-12 noon (Ring to book)

Food assistance

Monday Community Cookups -free

Calvary Lutheran Church Community Care

5 Windsong Ct **8382 5099**

Tues 10-11.30am, Thurs 12 noon-1.30pm during school term only. Ring for appointment at 9am

Food assistance postcodes 5162, 5163 & 5168

Continued....

Morphett Vale Catholic Parish
3 Venning St **8326 1555**

Food assistance Tues & Fri by appointment

The Cornerstone
178 Main South Rd **8382 2755**

Mon-Fri 9am-3pm

Emergency food assistance (vouchers), clothing, blankets, bus tickets (book at 9am)

Coffee n chat -drop in 10am-3pm, lunches

12noon – 1.30pm (\$2 coin donation each)

Gateway Community Church
70 Pimpala Rd **8322 3999**

Food assistance by appt Tue & Wed 9am-noon

Salvation Army
186 Elizabeth Rd **8384 6014**

Wed, Thurs 9.30-3pm, appointments at 9am

Food assistance, clothes, household goods

Drop-in Centre Wed 10am-2pm gold coin Lunch

Uniting Church
28 Hillier Rd (opp Southgate Plaza) **8384 2002**

Mon 9.30 – 11.30am

Food assistance

Woodcroft Christian Centre
442 States Rd **8325 0484**

Food assistance, Mon and Fri 11am-2pm phone for appt. 9am

Bread free Mon 10am and Sat 5.45pm at Church

NOARLUNGA CENTRE & NOARLUNGA DOWNS

Noarlunga Health Services – ATSI Unit
Auditorium, Alexander Kelly Dr **8384 9266**

Nunga Lunches for indigenous Australians

Wed 12 noon, during term time

gold coin donation

St Lukes **8382 1717**
Cnr Goldsmith Dr & Honeypot Rds, Noarlunga Downs

Food assistance Mon 10am-1pm

O'HALLORAN HILL

Careforce (Anglican Church)
1708 Main South Rd **8381 3039**

Food assistance by appointment

Coastlands Care
5 Main South Rd **8321 9973**

Food assistance by appt

OLD REYNELLA

Edge Assist
255 Old South Rd **8329 2244**

Food assistance Mon-Fri

O'SULLIVAN BEACH

Karawatha Community Centre
Baden Tce **8384 6894**

Community lunch Wed 12noon \$2.50

SEAFORD

Seaford Ecumenical Centre
Main Street & Grand Boulevard **8392 4522**

Tues and Thurs 10.10am -12noon

Food assistance (vouchers), appts from 9am

Town Square Café,
reasonably priced meals/sandwiches

Mon-Fri 10am-3pm

Tuesday Dinners 5.15pm, 3 courses, during

school terms

– adults \$2 coin donation, children silver coin

WOODCROFT

Seventh Day Adventist Church
130 Pimpala Rd **8322 5720**

Food assistance, Health Care Card required

Uniting Church – The Vines
152 Reynell Rd **8322 8661**

Clients must live east of South Rd, north of

Wheatsheaf Rd & south of Kenihans Rd

Food assistance – leave name, address & phone

number on answering machine

Woodcroft/Morphett Vale Neighbourhood Centre

175 Bains Rd, Morphett Vale **8384 0070**

Community lunch Mon -Thurs 12 noon during

school terms, \$3, book by 10am

Take away available

Emergency Food & Assistance & Cheap Meals

in the City of Onkaparinga



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City of Onkaparinga Libraries Community Information Service

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