

## what *is* Families in Focus ?

**Families in Focus** provides a range of Early Intervention programs/services for

- Families
- Parents
- Children
- Individuals
- Communities
- Organisations

### Who are experiencing

- Relationship Difficulties
  - Challenges in Parenting
  - Preparing for Marriage, retirement etc
  - Family / Domestic Violence
  - New relationships
  - Raising children
- By providing;**
- Men's services
  - Counselling services
  - Family & Relationship Education and Skill Development

## *where is* Families in Focus?

Men and Family Relationship Services are available in the Southern and Western regions.

For more information or to book an appointment please call:

Telephone 8392 3100

Fax 8392 3150



*Families in Focus is funded by the Federal Department of Families and Community Services and Indigenous Affairs (FACCSIA)*



*Anglicare SA and the Migrant Resource Centre SA working in partnership*

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SA

safe spaces to  
explore *tensions* in  
relationships and  
families



Families in Focus  
*Counselling*

*Family Centre South*



**ANGLICARE**  
SA

## what are Family Relationship *counselling* services all about?

The Families in Focus Counselling service works with individuals and couples to establish and maintaining positive family relationships as well as provide counselling about children and adolescents development.

Our skilled counsellors will be able to address issues that are impacting on your relationships as well as provide pathways to our other programs and other community supports.

## what we *do*

Family Relationship Counselling Services providing safe spaces to talk about:

- Conflict resolution
- Life transition
- How to build resilience
- Domestic and family violence and its affects
- Parenting
- Relationship breakdown
- Linking you into support groups and other community referral pathways
- Personal problems or issues which affect your life and relationships

## is there a *cost*?

Family Relationship and Counselling services will incur a minimal fee

Health Care Card Holders can request a lower payment on presentation of card

Family and Relationship Education and Skill Development programs are fee based depending on the nature of the program, please call for a more specific quote

