

Please Return Completed
Registration Form & Fee to:

Noarlunga
Community Church



Linda Hunt

Community Development Coordinator

Or

Captain Vanessa Evans

Corps Officer

LIVING SKILLS PROGRAM

Phone: **8382 1600**
Fax: **8326 2206**
Post: **PO BOX 904 Noarlunga Centre SA 5168**
Delivery: **186 Elizabeth Rd. Morphett Vale**
Email: **linda.hunt@aus.salvationarmy.org**
vanessa.evans@aus.salvationarmy.org



Impacted by God - Changing the Nations

Jeremiah 33:9



Noarlunga
Community Church

Registration Form

Program Outline ...

The Term 4 Program will commence on **Thursday 18th October** and will run every Thursday for six weeks from 10:00am to 1:00pm.

Week 1: Make Connections **18th October**

- Session 1: Connecting with each other
Facilitated by The Salvation Army
- Session 2: Connecting with Services & Support
Facilitated by Centrelink

Week 2: Sustain Housing **25th October**

- Session 1: Applying for Private Rental
Still to be confirmed
- Session 2: Maintaining a Home & Tenancy
Facilitated by Red Shield Housing

Week 3: Manage Money **1st November**

- Session 1: Budgeting for Bills
Facilitated by UnitingCare Wesley Adelaide Inc.
- Session 2: Smart Shopping
Facilitated by UnitingCare Wesley Adelaide Inc.

Week 4: Nurture Relationships **8th November**

- Session 1: Conflict Resolution
Facilitated by Anglicare Family Centre
- Session 2: Parenting Skills
Facilitated by Anglicare Family Centre

Week 5: Promote Health **15th November**

- Session 1: Self Care
Facilitated by City of Onkaparinga Council
- Session 2: Exercise & Health Eating
Impact Health Club

Week 6: Social Activity **22nd November**

To be decided by the group during Session 1 of the first week

Lunch will be catered for by *Christie Downs Community House* and a brief segment on Spirituality will be conducted by a staff member of The Salvation Army each week.

Registration Form ...

Name: _____ **DOB:** _____

Address: _____

Phone: _____

Creche required (pre-school aged children only): Yes / No

If Yes, please list names and ages of children:

Please Specify any dietary requirements (Inc. Children):

Cost: \$10 (total cost of program)

Note: As there are only a limited number of 15 places, applicants will be accepted on a first in first served basis

Please return this form and payment to:

The Noarlunga Salvation Army
PO BOX 904
Noarlunga Centre SA 5168

Phone: 8382 1600

Fax: 8326 2206

OR deliver to 186 Elizabeth Rd. Morphett Vale 5162

